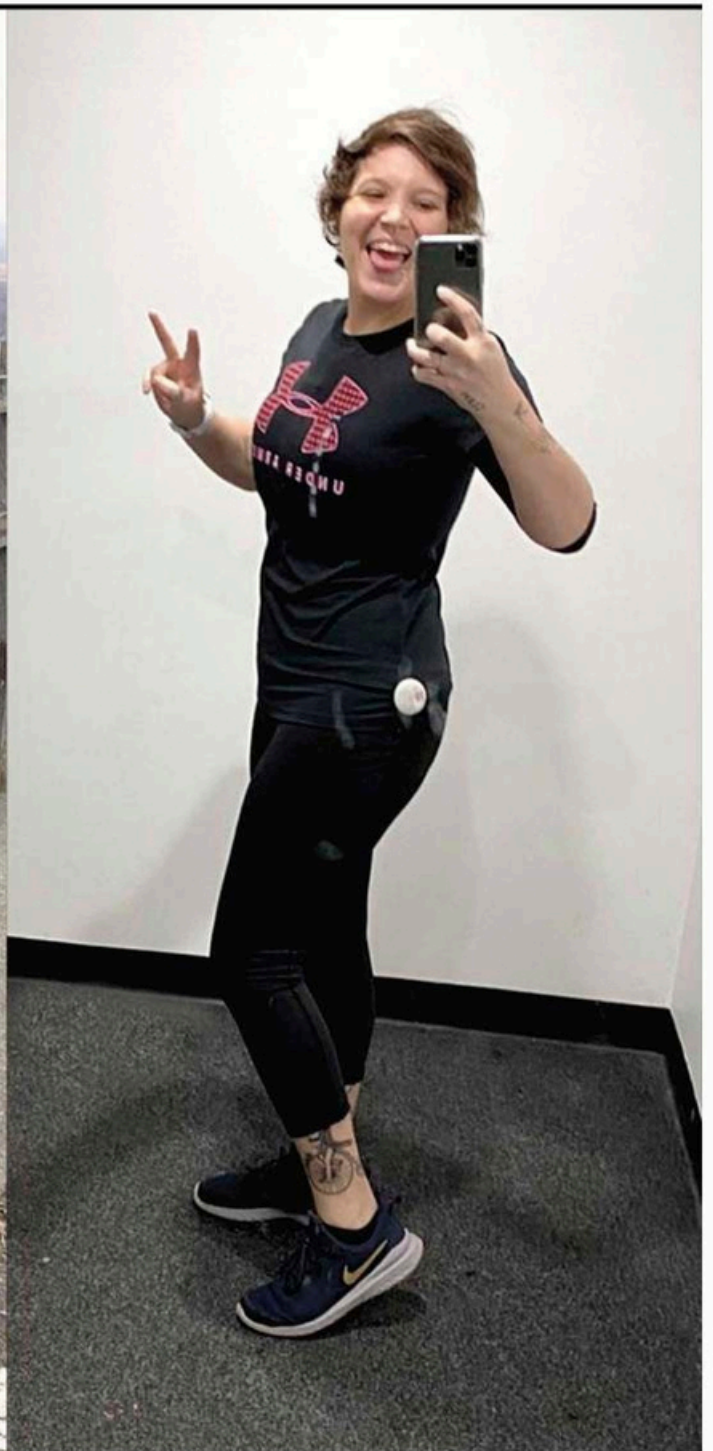




# 27 WEIGHT LOSS

SUCCESS STORIES







## EMILY, SYDNEY

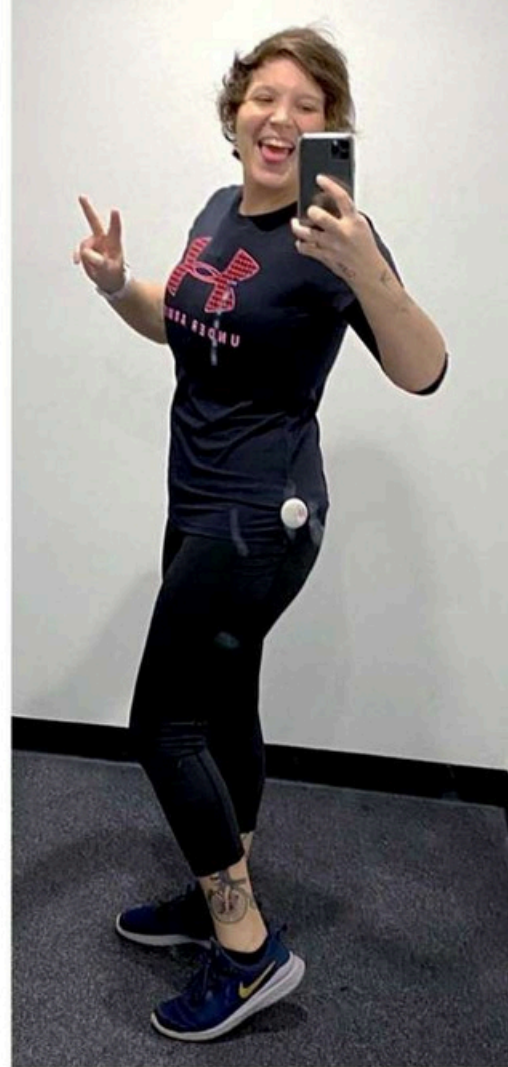
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Emily a young lady from Australia. Emily weighed 166 kgs and decided to have gastric sleeve surgery done with Destination Beauty to help her lose weight and maintain a healthier lifestyle.

Start weight: **166 kgs**

Total weight loss: **87 kgs**

Duration: **2 years**



## JESSE, NEW ZELAND

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Jesse had Weight Loss Surgery with Destination Beauty in August 2019, 1 year later 73.1 kgs are gone.

Start weight: **192 kgs**

Total weight loss: **74 kgs**

Duration: **1 year**







## MAKAILA, AUSTRALIA

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Makaila, now lost 39 kgs after  
Gastric Sleeve surgery with  
Destination Beauty!

Start weight: **111 kgs**

Total weight loss: **39 kgs**

Duration: **8 months**



## TRACEY, AUSTRALIA

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Tracey had gastric sleeve surgery  
with Destination Beauty  
in January 2020.

She lost 38 kgs !

"To be able to go on walks and  
enjoy life with my family instead  
of just watching them I feel like  
I'm involved and not just watching  
my life tick away so being lighter  
is great but being healthy is

Start weight: **125.5 kgs**

Total weight loss: **38 kgs**

Duration: **7 months**







## COLE, AUSTRALIA

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Cole shared her experience having Gastric Sleeve with Destination Beauty.

"How I feel right now?...AMAZING!

I feel like I'm me again, I feel happier and healthier. The feeling of being able to have more options for clothes really does something to you haha."

Start weight: **117 kgs**

Total weight loss: **33 kgs**

Duration: **6 months**



## KATIE, AUSTRALIA

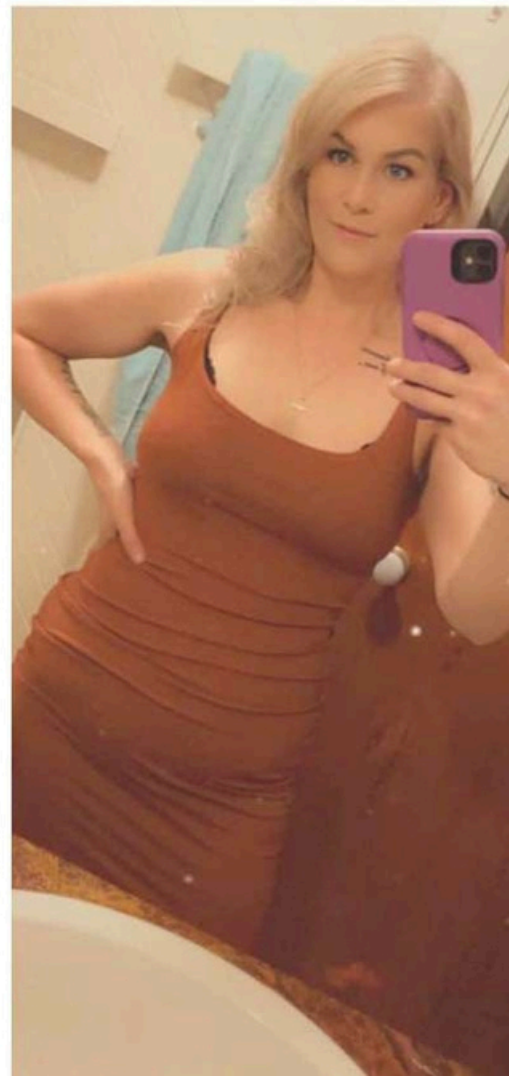
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Katie had gastric sleeve surgery with Destination Beauty in December 2018, she lost 55 kgs and look absolutely incredible!

Start weight: **124.4 kgs**

Total weight loss: **55 kgs**

Duration: **13 months**







## PAUL, NEW ZEALAND

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“Destination Beauty, the reps, the nurses, the drivers, the surgeons, and the hospital are all amazing, beyond exceptional! I encourage everyone to have WLS with Destination Beauty. Flawless service delivered from start to finish and beyond! I will never be able to thank DB enough, and I'm only 5 months post op! Still a long way to go, but being a part of this page really keeps me encouraged.”

Start weight: **177 kgs**

Total weight loss: **62.4 kgs**

Duration: **5 months**



## NIKKI, AUSTRALIA

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“I’m sooo happy I decided to go with Destination Beauty, the whole experience has been absolutely amazing!! No gym work, no extra exercise, just letting my sleeve do it’s work. Once I’m able to eat a bit more and get more nutrients into my body I’ll start low resistance and fitness training at the gym. But for now I’m happy with how active I can be being 40kg lighter!!”

Start weight: **118 kgs**

Total weight loss: **42.7 kgs**

Duration: **7 months**







## KAY, AUSTRALIA

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"It feels fantastic to have lost all weight. I feel confident, healthy, and I'm able to move around with ease. I would get tired being overweight and I've really noticed that has all changed since having the weight loss sleeve surgery with destination beauty."

Start weight: **124 kgs**

Total weight loss: **50 kgs**

Duration: **10 months**



## MOANA, AUSTRALIA

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"I decided to go through Destination Beauty because of the great outcomes and flawless reviews! A friend of mine had been there also, so I knew what I was getting myself into. I feel glowing since I've lost weight, like a whole new woman. I have lost 61.2 kilograms in the last nine months since my surgery, starting at 129.6 kilograms. The experience I had in hospital was great, the nurses were so kind and caring and consistently made us feel like we were number one. There were no worries at all with the language barrier and if I had to do it all over again I would go back to DB."

Start weight: **129.6 kgs**

Total weight loss: **61.2 kgs**

Duration: **10 months**







## NICOLA, AUSTRALIA

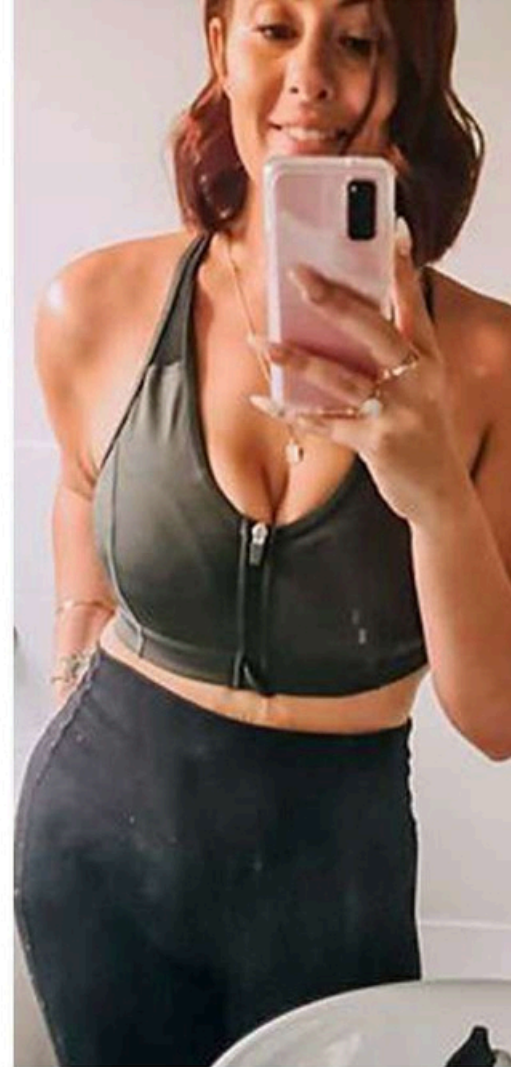
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Nicola lost 44 kgs in 7 months!

Start weight: **104.2 kgs**

Total weight loss: **44 kgs**

Duration: **7 months**



## KATE, AUSTRALIA

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" I feel amazing, I am so much lighter on my feet. I have so much energy and I'm just overall so much happier mentally. "

Start weight: **150.5 kgs**

Total weight loss: **55 kgs**

Duration: **1 year**







## STACEY, NEW ZEALAND

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" Being lighter feels incredible. I feel like myself again and I don't get tired doing my job any more and I have so much more energy to just do daily activities. My confidence is finally coming back and I'm learning to love myself more each day. "

Start weight: **119.4 kgs**

Total weight loss: **31.1 kgs**

Duration: **7 months**



## NAOMI, AUSTRALIA

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"I feel free. I'm not confined to my weight anymore. I can go to any shop and wear anything I want, I can move freely at work without the fear of embarrassment, but most importantly I can play with my kids. I can go on the swings, climb on the playgrounds, all the things I physically couldn't do before."

Start weight: **106 kgs**

Total weight loss: **36.5 kgs**

Duration: **8 months**







## REBECCA, AUSTRALIA

"It feels amazing to be lighter. I look back at my before photos and it reminds me of how far I have come and reminds me to stay on track to not go back to my old habits. My starting weight was 93.4 kgs and I now weigh 59.3 kgs."

Start weight: **93.4 kgs**

Total weight loss: **34 kgs**

Duration: **7 months**



## REECE, NEW ZELAND

Reece was overweight and unhealthy. Reece decided to have weight loss surgery - gastric sleeve done to help him lose weight and maintain a healthy diet and lifestyle. Reece had gastric sleeve surgery with Destination Beauty in November 2017 and managed to lose 62 kgs within 10 months, yet he is still in the process of losing more weight to reach his goal.

Start weight: **150 kgs**

Total weight loss: **62 kgs**

Duration: **10 months**







## BLAKE, AUSTRALIA

"My motivation definitely came from not being able to lose weight the natural way with the gym and boot camps. I was attending I felt like I would lose so much and Plato and I couldn't go any further. It just made me feel more depressed and unhappy with my life at that stage. Not only that I needed to lose so much weight and slim down so I could apply to join the police force back home"

Start weight: **147 kgs**

Total weight loss: **40.5 kgs**

Duration: **4 months**



## KIMMY, AUSTRALIA

"I was 175.2 on 01/06/19, I was 165.6 on 07/06/19 and today I am 106.1 kilos. Gastric Sleeve is the best reward I have ever given myself, although I have to put in a lot of hard work exercising and eating differently I wouldn't change it for the world, it has made me focus on commitment and determination to know I will be fitter and healthier not just for me but for my children. I am loving my new lifestyle choices and although I still have a long way to go until my goal it gives me strength and power to carry on. I go to the gym 4 days a week at the moment and soon will get back into swimming and aqua aerobics and can't wait. I walk most places now instead of taking the car and if I'm at the supermarket I park at the back instead of up the front, I can run around the block now and that I haven't done in 20 years. Don't doubt yourself if going to do this, you won't look back"

Start weight: **175 kgs**

Total weight loss: **77 kgs**

Duration: **8 months**







## AUBREY, NEW ZEALAND

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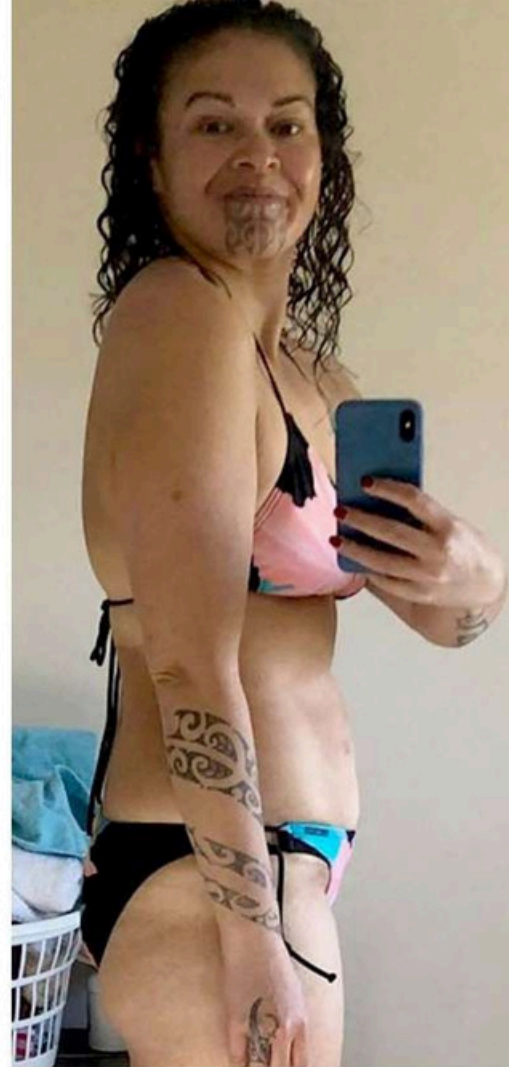
Aubrey used to weight 103.7 kgs and decided to have gastric sleeve surgery to lose weight and maintain her healthy lifestyle.

Aubrey had gastric sleeve surgery with Dr.Ithiphon on September 2019 and lost 35 kgs in 7 months!!

Start weight: **103.7 kgs**

Total weight loss: **35 kgs**

Duration: **7 months**



## ALYSSA, AUSTRALIA

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Alyssa had surgery in 1 year ago and was 100.7 kgs at the time of surgery, she now weighs 61.7 kgs. Alyssa start BMI was 36.1 and the current BMI is 21.6.

Start weight: **100.7 kgs**

Total weight loss: **39 kgs**

Duration: **1 year**







## SHAREE, AUSTRALIA

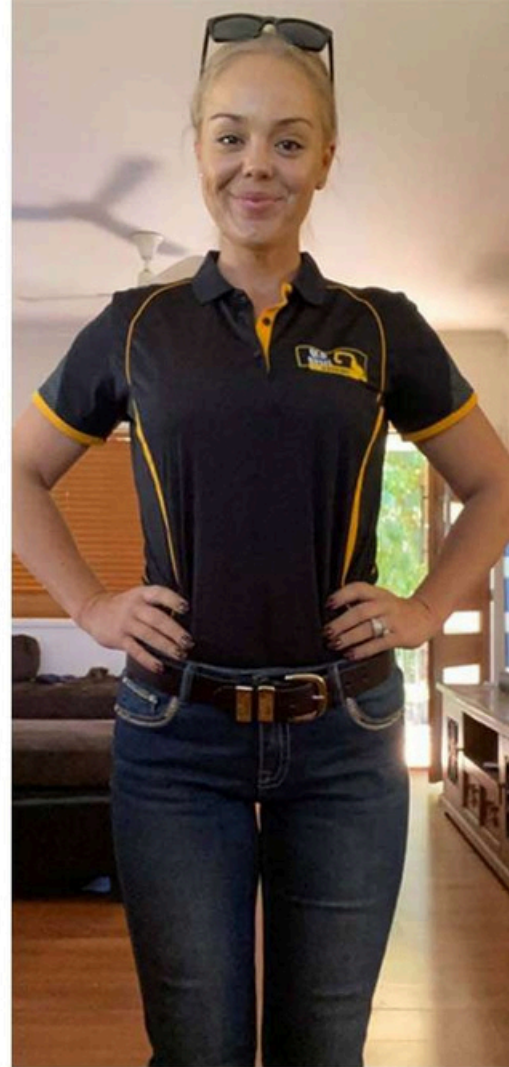
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"I followed the group and seen the results all those amazing people were getting so it sealed the deal and I booked it in and have not looked back, I feel incredible"

Start weight: **97.7 kgs**

Total weight loss: **30.5 kgs**

Duration: **7 months**



## SHERILYN, AUSTRALIA

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" Thank you Destination Beauty for all your amazing work. Thank you for looking after me. Thank you for helping me gain my life back. Never in my wildest dreams would thought that I could feel this happy and confident in my own skin <3"

Start weight: **106 kgs**

Total weight loss: **59 kgs**

Duration: **1 year**







## DANICA, AUSTRALIA

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Danica was overweight and had a hard time of losing weight naturally. Her highest weight was at 110 kgs, so she decided to have gastric sleeve surgery with Destination Beauty, Dr. Narong to help lose weight. Danica reached her goal weight! she lost about 53 kgs in 12 months after gastric sleeve surgery.

Start weight: **110 kgs**

Total weight loss: **53 kgs**

Duration: **1 year**



## KAYLA, AUSTRALIA

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" I had my breast done there about 7 years ago and it was such an easy experience so decided to go through them again. My surgeon, Dr Narong was great at explaining everything in detail and made sure I had everything i needed to know. The staff were lovely even with the language barrier."

Start weight: **9206 kgs**

Total weight loss: **28 kgs**

Duration: **7 months**







## TIANE, AUSTRALIA

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"I am nearly 11 months post op! I can't believe how fast it's gone as much as I've had my bad days, with my mind playing games, even the days I eat badly- no one is perfect but this surgery changed my life and I wouldn't be where I am today and be as happy as I am if I didn't have this life changing surgery I still feel like I have a long way to go but I am so proud of where I am at the moment!"

Start weight: **115.9 kgs**

Total weight loss: **38 kgs**

Duration: **1 year**



## CHERIE, AUSTRALIA

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Cherie lost 38 kgs in 7 months after gastric sleeve surgery with Destination Beauty.

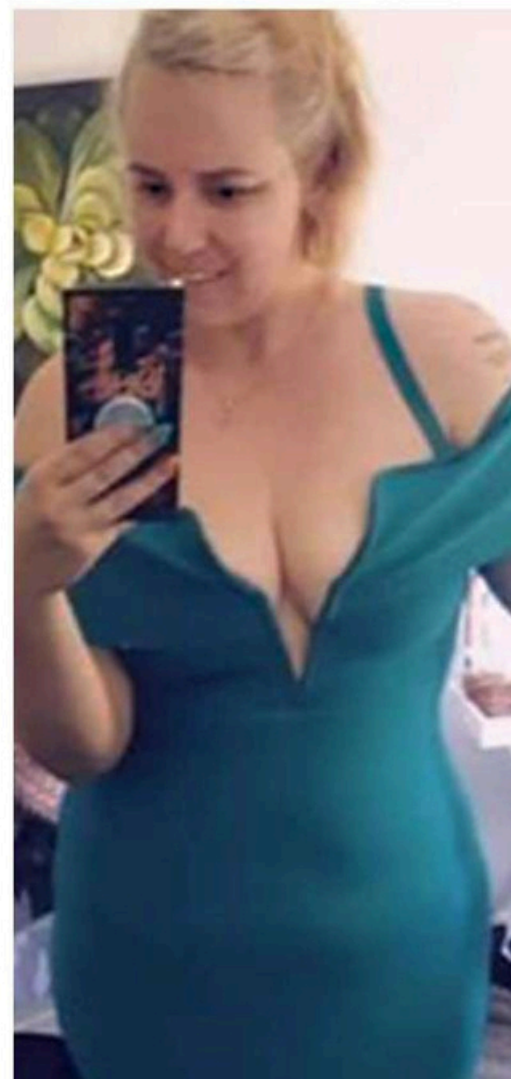
"Some little non scale victories this month!

Horse riding, fitting into my dream \$12 op shopped wedding dress and wearing a two piece swim suit!

Start weight: **114 kgs**

Total weight loss: **38 kgs**

Duration: **7 months**







## MINNIE, AUSTRALIA

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Minnie from Australia came to have weight loss surgery with Destination Beauty. She just posted her update 1 year post op and managed to lose 34 kgs!

Start weight: **92 kgs**

Total weight loss: **34 kgs**

Duration: **1 year**







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